



MIND MAGIC

how to FOCUS for SUCCESS

by BILL HARVEY

EAST WEST JOURNAL

Mind Magic: The Science of Microcosmology (New York: Ouroboros International, Inc., 1976). 358 pages, paperback.

We've been talking for years about the synthesis of Eastern and Western ways of knowing, of creating a harmonious balance between intuitive/holistic right-brain functioning and analytical/sequential left-brain functioning.

Currently, an increasing number of books and other forms of communication are being produced by people who have tenuously arrived at the interface of East and West. Perhaps the most remarkable of these communications are the ones authored by people who have pursued Western intellectual disciplines to the simplest pragmatic levels and have suddenly found themselves breaking through to a clear understanding of esoteric metaphysics.

Mind Magic is one of those books being manifested at the interface and whose authors arrived there via Western ways of knowing: cybernetics, the scientific method of hypothesis formulation and testing, information processing, semantics, psychotherapeutic awareness techniques, etc.

This book is a *practical* tool for people who want to look at how their heads and lives are working and then establish a more effective order in that process. The book is not the presentation of a system of knowledge but is rather a way of knowing that will assist the reader in evaluating his or her knowledge, deriving new knowledge from experience, handling the explosion of information in our media-dominated environment, and generally staying flexible as life unfolds and evolves. Not *the answer*, but a valuable addition to your repertoire of methods.

Rich Eivers

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